

Introductory Coaching Session...

If you would like to experience a one-on-one coaching session, Rebecca has a **limited** number of introductory sessions available every month.

Beforehand, you will complete a very thorough questionnaire to help you explore your current results, your goals and obstacles. We will explore a specific goal in depth and the actions to make your goal happen.

This questionnaire also gives Rebecca a much clearer understanding of your need for coaching, ensuring your session is a valuable results-focused hour rather than a 'getting to know you' session!

An introductory session is only AU\$97.

And, if you choose proceed with a coaching program (within the prescribed time limits) your AU\$97 will be deducted from the program investment, thus making your introductory session complimentary.

Contact Rebecca if you would like to book an introductory session, which takes place at our offices in Sydney CBD.