



Our Action Focused Programs

One-on-one coaching consists of 1-hour sessions, usually once per week, and is delivered in a confidential environment, at our offices or by telephone.

You will achieve the greatest results when your coaching is conducted over 3 to 6 months, with a total initial commitment of 8-12 coaching sessions.

You can also speak with Rebecca between sessions, via email or short phone calls.

Office: (02) 9130 1498
Email: rebecca@clearhorizoncoaching.com
Web: ClearHorizonCoaching.com