

'Dynamic Presentation Skills' Workshop Program

Overview

Who Are Our Workshops Designed For?

This program, of three Presentation Skills workshops, is what you need if you want to be a more confident, competent, engaging and persuasive presenter or public speaker.

Despite the content of the workshops being skewed towards people giving presentations, past attendees have also included clients who want:

- greater confidence voicing their opinions in corporate meetings
- to present amusing or heartfelt wedding speeches
- to deliver punchy and memorable networking speeches about themselves or their businesses.

What Have Our Satisfied Clients Said About This Course?

"I never thought that after 3 sessions, I would feel so happy and relaxed about presenting! This course has made an amazing difference to my confidence and abilities as a presenter. The practice exercises were difficult at first but as I learnt the techniques to overcome my fear of presenting, I found them easier and easier. It's very refreshing not to have that horrible feeling of dread, in the pit of my stomach, when I think 'public speaking'!" – Holly Stanton

"Rebecca is certainly passionate about teaching and inspiring others – these workshops were truly inspiring! There was great interaction, not death by Powerpoint, enough break-out time and enough opportunity for delegates to practice their new presenting skills. Also, thank you so much to Rebecca for all my feedback on my presentations – receiving her emails between workshops was a really helpful." – Michael Kava

"Thanks Rebecca - I thoroughly enjoyed the session! The content was fabulous; there were techniques and ways to approach presenting – because of the coaching and NLP concepts - that were so different from anything I have experienced before."
– Alison Hall

How Does The Program Work?

Each workshop lasts 3 hours, is fully interactive and involves a small group (of up to 10 people). You will find solutions through your own self-discovery, pair and group brainstorming, by completing your workbook (provided at Workshop 1), and from the insights offered by your experienced coach and trainer. Between workshops you will also be given homework to complete which will speed up your progress.

The sessions are interactive and you will have opportunities to present your ideas throughout. During the workshop series you will develop a short speech that you will deliver to the group and receive evaluations from your coach and trainer.

What Value Is Included?

As well as the invaluable insight, support and encouragement you will glean from your coach, you will also benefit from email and telephone support between workshops as well as from our unique offering: **a highly valuable 60 minute private coaching session** should you want to tie up any loose ends, remove any lingering doubts or require additional support to ensure your complete success.

Content

Workshop 1 – “Overcome the fear”

- What does being a ‘great presenter’ mean?
- What prevents you from being a great presenter?
- Smash your beliefs about your abilities as a presenter or public speaker
- Build your own impenetrable fortress to give you the utmost confidence whilst presenting

Workshop 2 – “Create outstanding content”

- 6 ingredients to deliver content that appeals, engages and persuades your audience
- Understanding structure – what works and what does not
- Developing your own mental and practical strategies to enable a successful performance time and time again

Workshop 3 – “Deliver an effective and competent presentation”

- Learn the 5 top rules of effective presenting including body language, eye contact and gestures
- Feel prepared for dealing with your audience’s questions and know how to deliver competent responses
- Deliver a 4-6 minute presentation to the group, incorporating at least 3 new techniques, and receive constructive feedback

Fees

Our workshops are interlinked and designed to be taken together and include:

- 9 hours of workshop training
- All workbook materials
- Email and short phone calls with your coach between sessions if required
- A 60 minute private one-on-one coaching session* at our CBD offices

Next dates: 30 Nov, 7 Dec, 14 Dec, 6pm – 9pm, Sydney CBD.

Earlybird: \$495 per delegate – payment before 9 November 2009

Thereafter: \$555 per delegate

All course fees include GST

About your coach and trainer

Rebecca Wells is a certified coach, NLP Practitioner and experienced public speaker.

She firmly believes that to be a great presenter or public speaker you need to start by conquering what holds you back, namely the beliefs you hold about your abilities.

Speaking competently has a great deal to do with confidence. If your confidence is low, and you leave it lingering in the gutter... you will never be a competent speaker. This program is designed to shatter those beliefs and build firm foundations to facilitate your continuous progress and success.



Contact us

Contact Rebecca Wells to secure your seat on this course. Places limited!

Take advantage of our earlybird rates – available until 9th November 2009.

T: (02) 9130 1498 / **M:** 0432 782 969

E: courses@clearhorizoncoaching.com